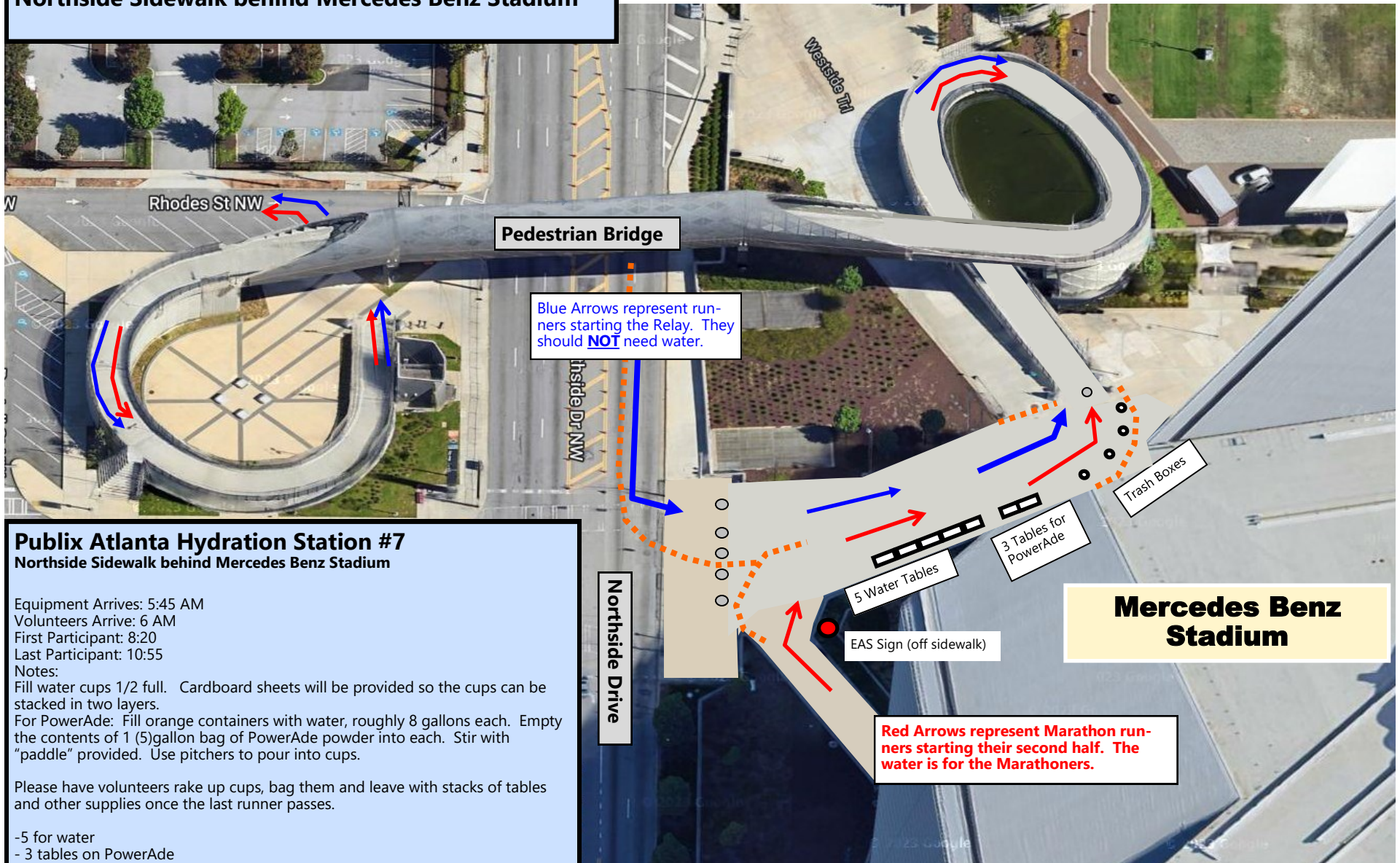


## Publix Atlanta Hydration Station #7

### Northside Sidewalk behind Mercedes Benz Stadium



## Publix Atlanta Hydration Station #7

### Northside Sidewalk behind Mercedes Benz Stadium

Equipment Arrives: 5:45 AM

Volunteers Arrive: 6 AM

First Participant: 8:20

Last Participant: 10:55

Notes:

Fill water cups 1/2 full. Cardboard sheets will be provided so the cups can be stacked in two layers.

For PowerAde: Fill orange containers with water, roughly 8 gallons each. Empty the contents of 1 (5) gallon bag of PowerAde powder into each. Stir with "paddle" provided. Use pitchers to pour into cups.

Please have volunteers rake up cups, bag them and leave with stacks of tables and other supplies once the last runner passes.

-5 for water

-3 tables on PowerAde

-1 table for mixing PowerAde

-Leave 8ft spacing between last Water table and first PowerAde table

-Stack cups 2 layers high

-ALL tables should be on the sidewalk

-6 trash boxes space 30 to 40ft apart as you go down the course.

-Use "Coke" branded or generic cups for water and PowerAde cups for PowerAde.

**Monitor the number of runners and stop filling cups with water when the number of runners noticeably decrease. Ideally, there should be one to 2 tables with a single layer of filled cups as the last runners reach the Hydration Station. Please have volunteers rake up cups, bag them and leave with stacks of tables and other supplies once the last runner passes.**